

Omnibus Amendment to
Verizon Health and Welfare Benefit Plans and Programs
Relating to Idearc Individuals

Effective November 17, 2006


WHEREAS, Verizon Communications Inc. and/or certain of its subsidiaries maintain various health and welfare plans and programs;

WHEREAS, it is desirable to amend those plans and programs to reflect the terms of the Employee Matters Agreement by and between Verizon Communications Inc. and Idearc Inc. dated as of November 17, 2006 (EMA);

NOW, THEREFORE, the plans and programs that related to health and welfare benefits for Idearc Individuals immediately prior to November 17, 2006 are hereby amended to reflect the termination and/or cessation of benefits under the Verizon health and welfare benefit plans and programs for Idearc Individuals and the assumption of those benefits by Idearc, a Designated Idearc Subsidiary or Idearc Plan as described in the EMA.

IN WITNESS WHEREOF, this Omnibus Amendment is executed this 8th day of December, 2006 on behalf of Verizon Communications Inc. and applicable subsidiaries thereof.

Signed: _____


Marc C. Reed
Executive Vice President -
Human Resources